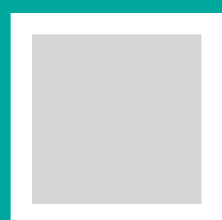
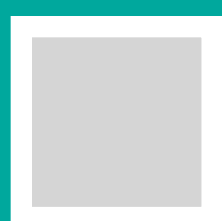


WORKOUT PLAN

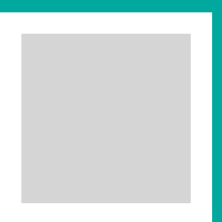
Pregnancy



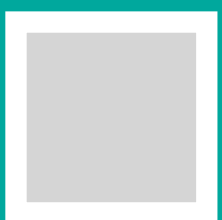
TAG 1



TAG 2



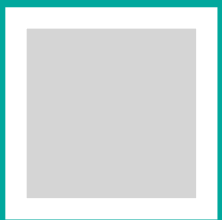
TAG 3



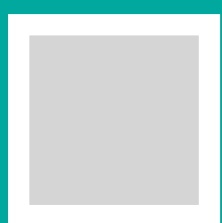
TAG 4



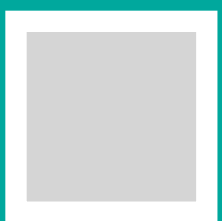
RELAX



TAG 5



TAG 6



TAG 7

